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The definition of Asian American has long been influenced by the White American's perception of Asians, specifically with the model minority myth. To dismantle the harmful stereotypes of the model minority myth, Asian-American authors use personal narratives or real-life inspired stories. To show the dismantling of model minority myth stereotypes I will be using *Minor Feelings* by Cathy Park Hong, *Stay True* by Hua Hsu, *The Foreigner* by Francie Lin and *No Name Woman* by Maxine Hong Kingston. All of these Asian American authors challenge the stereotypes of Asians being the model minority, perfect, emotionless and silent. Although it is impossible to fully remove the model minority myth's influence on Asian American perception, these Asian-American authors can shift the definition of Asian American away from the model minority myth and onto personal stories. With a redefinition of what it means to be Asian American through stories, Asians Americans can embrace their identity fully without fear of judgment or dismissal of their experiences.