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## Creating Moments

### *Abstract*

My project is “Creating Moments.” My goal with my project was to “create” moments I never got to share with my mother through paintings. My research included sorting through old photo albums for inspiration and guidance. Originally, I intended to “re-create” moments, but as part of the artistic process, I restructured it to “creating moments,” as that better fit my personal intents for the piece. I investigated how other artists expressed grief through art. I also investigated various non-artistic ways humans and humanity at large processes grief.

In terms of method, I painted on a watercolor block using portable watercolors. Watercolor, as a medium, is fitting thematically because it is transparent, which elucidates the idea of a memory or moment. Practically, it allowed me to be less definite when painting invented scenes. I painted from life as well as from photos I took myself. I created three pieces, which include us sitting on a dock and looking out on a lake; us racing together in a sailboat, which was the first time I went sailing; us standing together in the field where her ashes are scattered.

I was hoping that my project would provide some sort of epiphany, but in reality, it did not. However, it did give me insight into healthy and unhealthy ways of processing and into different ways to commemorate something lost.