

Access to Menstrual Health in Bangladesh

Talas Jaeger

Abstract

This research paper examines access to an essential human right, menstrual healthcare, in Bangladesh. Specifically, it investigates several reasons why women are denied access to menstrual health. It utilizes both previous quantitative research in global health and individual qualitative accounts from the affected population. The factors evaluated include socioeconomic barriers, geographical barriers, and cultural stigma. First, the paper begins by providing background statistics about each of these factors. Then, it analyzes personal narratives to examine the stigmatization of and the lack of knowledge about menstruation. Subsequently, it explores existing initiatives and proposes further solutions to end period poverty.