

## Camp Burgess FAQ Wed., Oct 2 – Fri., Oct 5

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Depart from BUA at 8:30a Wed.  
Return to BUA at 12:30p Fri.

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BUA 9th and 10th grade students will be travelling to Camp Burgess in Sandwich, MA for its annual overnight experience. Camp Burgess is one of two sites located on Cape Cod covering over 300 acres of forests, meadows, and freshwater ponds.

*Camp Burgess's Philosophy: Adventure, service learning and leadership are at the core of all that we do. We strive to foster an atmosphere of trust, group membership and value-based learning, where participants enhance self-confidence, leadership potential, peer cooperation, and form lasting friendships during fun and varied activities. We strive to have all of our campers participate in as many activities as possible during the session, and to offer programming that is fun, challenging, creative, active and educational. We believe in a mix of skill development and exploration with team building and bonding.*

- What are the sleeping arrangements?
  - Camp Burgess has cabins grouped together that comfortably sleep 10-12 students.
  - Boys and girls will be assigned to cabins at separate villages of Camp Burgess. Bunk beds are provided within the cabins. Students should bring their own sheets and pillow for sleeping (see the packing list).
  - The cabins and other facilities can be viewed using the 'virtual tour' feature on Camp Burgess's website <http://www.campburgessandhayward.com/>.
- Are there toilets and showers available?
  - Each village has one central wash-house with hot running water for sinks, toilets, and showers. Each shower and toilet has an individual stall.
- What should my child pack?
  - Please see the packing list for a detailed list of what to bring and what *not* to bring!
- Do students need to bring any of their own meals?

- Nope! Breakfast, lunch, and dinner are provided by Camp Burgess in the main dining hall. Every meal will have a vegetarian option, and all student dietary restrictions and allergies have been shared with Camp Burgess dietary staff. The meals are prepared specifically for our group to accommodate any allergies.
- Sample menus are available on the Camp Burgess website.
- If your child has any dietary restrictions or allergies, please call the Camp Burgess Food Services Director, Lois Adams, [ladams@ssymca.org](mailto:ladams@ssymca.org) or at (508) 428-2571, ext. 133 for further questions or concerns regarding dining. You may be advised to bring your own entrees if you have a more extreme allergy.
- Students may bring their own snacks, which must be stored in the dining hall.  
**Absolutely no food is allowed in the cabins!**
- What is the level of activities offered at Camp Burgess?
  - There are a variety of activities offered to groups from helping to grow food on the Burgess Farm to teambuilding games to time on the waterfront to high ropes climbing. Groups will rotate between different activities each day.
- Medical Information
  - BUA chaperones will have student health information on file during the trip. Students may hold onto their medications, or chaperones can store them for the duration of the trip. Students are responsible for getting their medications from a chaperone and for taking it as scheduled.
- What is the cell phone policy for students attending Camp Burgess?
  - Student cell phones will be taken upon boarding the bus to Camp Burgess and stored by chaperones for the duration of the trip. Chaperones will be reachable by phone if necessary. Cell phones will be returned after lunch on Friday.
  - No electronic games, radios, or similar devices are allowed in the cabin. Part of the camp experience is to spend time with classmates instead of using electronics.
- Who do I call if I have to get in touch with my child?
  - Phone numbers for lead chaperones will be provided closer to trip departure.