



BUA Athletic Offerings and Schedules Fall 2018

Varsity Soccer (co-ed)
Junior Varsity Soccer (co-ed)
Cross Country (co-ed)

All teams are co-ed and open to any student regardless of prior experience. BUA student-athletes are expected to manage their schedules so that they can meet all course requirements while also honoring all team commitments (i.e. meetings, practices, and games).

- **Optional pre-season soccer practices:** August 27-29 from 3:30-4:45 p.m. (meet in lobby)
- **Interest meetings for all teams:** September 5 from 2:45-3:30 p.m. (meet in gym)
- **Team schedules** will be made available on the BUA website during the first week of school.

Physical Education (required of all 9th and 10th graders)

Students will rotate through a series of 7-8 weeks PE modules. Possible offerings include:

Aerial Dance - Core Fundamentals	European Handball	Sailing
Aerial Dance - Silks Skills	Fencing	Soccer
Ballroom Dance & Swing	Gymnastics	Softball
Basic Weight Training	Hip Hop Dance	Spin Class (Cycling)
Cardio Jazz Funk	Jujitsu	Squash
Cardio Kickboxing	Kayaking	Total Body Conditioning
Crew	Learn to Swim	Ultimate Frisbee
Cricket	Pilates	Volleyball
	Rock Climbing	Yoga
		Zumba

Your child's health and safety is paramount. Boston University Academy is proud to use ImPACT (Immediate Post Concussion Assessment and Cognitive Testing) to assist in evaluating and treating head injuries for all students who participate in Physical Education programming or after-school sports.

An [ImPACT consent form or waiver](#) is required of all 9th and 10th graders who will participate in physical education programming as well as of those students who intend to join an after-school sports team.