BUA Athletic Offerings and Schedules Fall 2018

Varsity Soccer (co-ed)
Junior Varsity Soccer (co-ed)
Cross Country (co-ed)

All teams are co-ed and open to any student regardless of prior experience. BUA student-athletes are expected to manage their schedules so that they can meet all course requirements while also honoring all team commitments (i.e. meetings, practices, and games).

- **Optional pre-season soccer practices:** August 27-29 from 3:30-4:45 p.m. (meet in lobby)
- **Interest meetings for all teams:** September 5 from 2:45-3:30 p.m. (meet in gym)
- **Team schedules** will be made available on the BUA website during the first week of school.

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Physical Education (required of all 9th and 10th graders)

Students will rotate through a series of 7-8 weeks PE modules. Possible offerings include:

- Aerial Dance - Core Fundamentals
- Aerial Dance - Silks Skills
- Ballroom Dance & Swing
- Basic Weight Training
- Cardio Jazz Funk
- Cardio Kickboxing
- Crew
- Cricket
- European Handball
- Fencing
- Gymnastics
- Hip Hop Dance
- Jujitsu
- Kayaking
- Learn to Swim
- Pilates
- Rock Climbing
- Sailing
- Soccer
- Softball
- Spin Class (Cycling)
- Squash
- Total Body Conditioning
- Ultimate Frisbee
- Volleyball
- Yoga
- Zumba

Your child’s health and safety is paramount. Boston University Academy is proud to use ImPACT (Immediate Post Concussion Assessment and Cognitive Testing) to assist in evaluating and treating head injuries for all students who participate in Physical Education programming or after-school sports.

An ImPACT consent form or waiver is required of all 9th and 10th graders who will participate in physical education programming as well as of those students who intend to join an after-school sports team.